



**Calgary Board  
of Education**

**Lester B. Pearson  
High School**

## **Lester B. Pearson Newsletter – October 1, 2023**

**Dear Students, Parents, Guardians and Caregivers,**

**It is October 1<sup>st</sup> and thoughts turn to the fall and the changing of the seasons. As the weather cools, I wonder if there will a day or two of autumn summer. We have lots of athletics to share and a few special events. Also a reminder that all students must wear their IDs and lanyards visibly around their necks to gain access and while they are in the building. Please arrive before the bell the school doors are locked once the bell rings. If you are late you can only enter through the main doors.**

**So much to share this week at Pearson - read on:**



**With autumn comes an explosion of colors. This is a prelude to the leaves falling off the trees and lots and lots of raking!!!**



**USAY – Urban Society for Aboriginal Youth was by to meet our students last week. They treated our students to lunch and brought news of some wonderful opportunities. Sue Spotted Bull hosted our staff on Nose Hill in May of last year. What a joy to have them drop by the school. USAY will conduct a resource workshop for our staff at our October 20<sup>th</sup> Non-Instructional Day.**



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My door was 'Art Bombed' with these mini Works of Art, courtesy of the New Art Club. What a surprise!!! It was a welcomed treat after a long day.





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Here is a montage of Pearson Athletics! The student and parent support has been outstanding!!!!





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A day in the life of PE 20 – Rock and Roll!!! 😊



A Day in the Life of PE 30, heading to the Hostel, it was a beautiful first day 😊







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**A Day in the Life of Student Services – The U of C presentation to all High Schools including this slide featuring Besan and Noor; both 2023 graduates and recipients of 2 major scholarships totally \$120,000. That's a condo!!! Meet our Calgary Bridge Foundation Hub. We are a target School for Bridges, which means we have full settlement, interpretive, academic, health and wellness support. Awesome!!! 😊**



**It was 'Orange Shirt Day' at Pearson on Thursday and the National Day for Truth and Reconciliation at Fort Calgary on Saturday. Saturday was a cold and misty day but we were warmed by the stories from elders, sharing in the joy of dance and drums and embracing the spirit of remembrance and forgiveness.**



### Advice From A Tree



- Stand tall and be proud.
- Go out on a limb.
- Reach for the sky.
- Adapt to change.
- Branch out.
- Stay grounded.
- Remember your roots.
- Drink plenty of water.
- Get rid of dead wood.
- Be confident.
- Never stop growing.
- Bend before you break.
- Turn over a new leaf.
- Enjoy the view.



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**ROLL OUT CARBON WEEK**

October 2nd - October 6th 2023  
**Hello Patriots!**

Consider reducing your Co2 emissions;

1. Scan this QR code
2. Register for your school
3. Try riding a bike or taking transit to school and log your commute

Please include a valid email address IF you want to be eligible for prizes

QR code and photo of students on bikes.

cafeteria.

Prizes for Calgary students

**ROLL OUT CARBON WEEK**

1ST PRIZE: ENVO D35 E-BIKE  
YOUR SIZE, WITH HELMET AND  
FULL WARRANTY  
VALUE: \$2500

2ND PRIZE: BIKE  
FRIDAY FOLDING BIKE  
AND BACKPACK  
VALUE: \$2000

3RD PRIZE: BIKE FRIDAY  
FOLDING BIKE  
VALUE: \$1800

ALL WEEK  
OCT 2-6, 2023

REGISTER WITH A  
VALID EMAIL

PARTICIPATING STUDENTS WILL BE DRAWN RANDOMLY  
TO WIN! SIGN UP NOW AND LOG YOUR COMMUTE

QR code and logos for Youth en Route, Calgary Foundation, and B&P Cycle.

Ric  
e. C

and enter for  
the

Participate in the Roll Out  
Carbon week to try sustainable  
ways to get to school

Sign up and log your rides for a chance to win:

- Locks
- Gloves
- Bike Accessories
- Tools

Calgary prizes  
include an E-Bike,  
foldable bikes, tools  
and more

Calgary High  
School with the  
most participation  
wins \$2000

**ROLL OUT CARBON WEEK**

## Beef Dinner & Variety Show

Robert McClure United Church

5510 - 26 Avenue NE  
403-280-9500

Saturday October 21

Beef Dinner 5:30 pm

Variety Show 7:00 pm

For tickets call 403-280-9500 or email  
office@robertmcclurechurch.org

Tickets:  
Adults \$25  
Seniors \$20  
Youth (12-17 yrs) \$20  
Child (5 - 11 yrs) \$10  
4 & under Free

Payment for tickets can be paid  
by e-transfer to  
office@robertmcclurechurch.org  
Mark in the message "Beef Dinner &  
Concert tickets." Or drop off payment  
at the church office.



Variety Show Acts Wanted  
contact the church office for more details







### Special Guest Speaker: Chris Gray on Wednesday, October 4<sup>th</sup>:

Chris has experienced many ups and downs while following his dream.

Through determination, hard work, and perseverance, Chris has gone on to wrestle all across North America and win numerous wrestling championships. Chris has wrestled for the two largest wrestling companies on the continent, Impact Wrestling and World Wrestling Entertainment known as the WWE.

Chris believes in the power of positivity and that we all have the power to be a positive influence. He has taken that belief and started an initiative called “Giv’er for Charity” a fundraising campaign that has raised thousands of dollars for a variety of local charities across Canada.

Chris will share with us some stories and lessons about persevering through hardship, showing resilience in order to follow through with your goals, and how we can all make a positive impact in our communities.

### Modified Schedule for Wednesday, October 4<sup>th</sup>:

Time	Period	Length of Period	
8:45 – 10:16am	1	91 minutes	Gr 12s attend – listen for PA announcement
10:16- 11:47am	2	91 minutes	Gr 11s attend – listen for PA announcement
11:47– 12:27pm	Lunch	40 minutes	
12:27-1:59pm	3	92 minutes	Gr 10s attend - listen for PA announcement
1:59-3:30pm	4	91 minutes	

**Attending everyday and being on time is crucial to student success. Encourage your child to be prepared, sleep early and ensure they are in their classes before the bell. Success is Earned and so is Walking the Stage.**

### Save the Dates:

- Monday, October 9<sup>th</sup>: Thanksgiving Day – No Classes/No School
- Friday, October 13<sup>th</sup>: Photo Retakes
- Wednesday, October 18<sup>th</sup>: Parent Teacher Conferences – 4:30 pm – 8:00 pm
- Thursday, Oct 19<sup>th</sup>: Parent Teacher Conferences – 4:30 pm – 8:00 pm / Connect Substitute Day
- Friday, October 20<sup>th</sup>: Non-Instructional Day – No Classes/No School
- Wednesday, October 25<sup>th</sup>: Fall Awards 5:30 pm – 8:30 pm



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The staff at Pearson is outstanding!!!

Kenneth Chee  
Principal